

# NOVEMBER | 2022



## MS/High School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Cereal Nutri-Grain Bar Juice Milk	2 Fried Egg Patty English Muffin Fruit Cup Milk	3 Cereal N Bag Milk	4 Breakfast Burrito Mandarin Oranges Milk
7 Cereal Bar Go-Gurt Juice Milk	8 Cereal Super Donut Apple Slices Milk	9 Cereal N Bag Milk	10 Breakfast Sandwich Fruit Cup Milk	11 Blueberry Muffin Yogurt Juice Milk
14 Pancake On a stick Apple Sauce Milk	15 Cereal Poptart Juice Milk	16 Cereal N Bag Milk	17 Breakfast Bagel Fruit Cup Milk	18 Breakfast Bar Apple Slices Milk
21 Emoji Waffles Sausage Fruit cup Milk	22 Cereal N Bag	23 No School		
28 Cinnamon Roll Sausage Fruit Cup Milk	29 Cereal Nutri-Grain Bar Juice Milk	30 Cereal N Bag Milk	1	2

### News

This institution is an equal opportunity Provider

### Great News!

All enrolled students at Eau Claire Public Schools are eligible to receive a healthy breakfast and lunch for FREE!

### Milk Choices:

1% White Milk  
Fat Free Chocolate

Cereal & Breakfast bar is offered everyday

Menu Subject to Change due to the food chain supply shortages.